

Orange County Mental Health/Counseling Programs

ANAHEIM GENERAL HOSPITAL

3350 West Ball Rd.
Anaheim, CA 92804
(714) 827-6700
(714) 821-6537 FAX

Area served: Orange County

Description: Anaheim General Hospital has a geropsychiatric, sub-acute and partial hospital program located at 5742 Beach Blvd., Buena Park, CA 90621.

Payment method: Medicare, Medi-Cal, Private Insurance, SSI

Languages spoken: English, Spanish, Tagalog, Farsi, Arabic

No. of beds: 99

Transportation to site: YES

Services: Inpatient Mental Health Facilities

EMPOWER COUNSELING SERVICES, INC.

3055 Orange Avenue, Suite 206
Anaheim, CA 92804
(714) 998-2941 FAX
(714) 624-0651

Area served: Orange County

Description: Empower Counseling Services, Inc. is a full-service company with a number of specialties. They provide high-quality personal service which means taking the time to listen. The counselors will work with the individual every step of the way to make sure they receive the services they need. The counselors provide counseling and case management at their office, home visits, assisted living and skilled nursing facilities visits, other counseling services that Empower Counseling Services provide are: child/adolescent therapy, alcohol/drug abuse, counseling/classes, geriatric psychology consult, home health visits and chemical dependency.

Fees: Sliding scale

Payment method: Medicare, Medi-Cal, Private insurance

Documents: Health Insurance Card, Identification Card

Languages spoken: English, Farsi, Spanish

Application process: By appointment only.

TELECARE AND ORANGE ADULT MENTAL HEALTH SERVICES

2569 Woodland Drive
Anaheim, CA 92801
(714) 226-9887 FAX
(714) 226-9888

Description: Telecare exists to help people with mental impairments realize their full potential. Their mission is to deliver and manage excellent services and systems of care for people with serious mental illness. They have more than 50 programs in California, Texas, Nebraska, Oregon and North Carolina. Telecare provides a full spectrum of services, including inpatient and

community-based care, case management, assertive community treatment and residential, crisis and administrative services.

Fees: Medi-Cal

Languages spoken: English, Spanish, Taiwanese

Services: Mental Health Care and Counseling

V.A.L.U.E. VIETNAMESE ASSISTANCE FOR THE LOVING UNDERSTANDING OF THE ELDERLY

1901 East Center St.

Anaheim, CA 92805

(714) 780-0750 Administrative

(714) 780-0757 FAX

Area served: Orange County

Description: V.A.L.U.E. provides mental health services to home-bound Vietnamese adults 55 years of age and older. The client must be experiencing difficulties managing daily activities and emotional stress to a mental illness. No diagnosis is required before making contact with a V.A.L.U.E case manager. A case manager will complete a full assessment with potential clients to see if they meet criteria for the program. Services that are provided are case management, individual and group therapy and psychiatric services. Clients do not have to have insurance or be receiving any benefits. Case Managers can help clients apply for benefits.

Eligibility: 55 or older; Vietnamese; At risk of mental health issues

Fees: No fee to clients; Medi-Cal billed for services if client is eligible.

Languages spoken: English, Vietnamese

Service hours: 8:00 a.m. - 5:00 p.m. M - F

Services: Mental Health Care and Counseling

WEST ANAHEIM MEDICAL CENTER

3033 West Orange Ave.

Anaheim, CA 92804

(714) 827-3000

Description: West Anaheim Medical Center has a senior psychiatric unit for adults, age 55 or older.

Eligibility: 55 or older

Services: Inpatient Mental Health Facilities

WESTERN MEDICAL CENTER - ANAHEIM

1025 S. Anaheim Blvd.

Anaheim, CA 92805

(714) 533-6220

Area served: Orange County

Description: Western Medical Center has a Senior Psychiatric Unit for adults, age 55 or older.

Eligibility: 55 or older

Services: Inpatient Mental Health Facilities

FOUNTAIN VALLEY REGIONAL HOSPITAL

17100 Euclid

Fountain Valley, CA 92708

(714) 979-1211

Area served: Orange County

Description: Fountain Valley Regional Hospital has a Senior Psychiatric Unit for adults, age 55 or older.

Services: Inpatient Mental Health Facilities

KATHY LEWCZYK LMFT

321 N. Pomona Avenue, Suite 3

Fullerton, CA 92832

(714) 773-5386 FAX

(714) 525-4014

Area served: Fullerton, Anaheim, Brea, Placentia, Yorba Linda, Buena Park and La Habra.

Description: Kathy Lewczyk provides counseling for the aging and their families. Some of her services include grief and loss issues, support for caregivers, marriage counseling, learning forgiveness, accepting one's stage in life and learning to deal with disabilities.

Fees: Sliding scale

Payment method: Some private insurance plans, Private Pay

Documents: Only insurance card, if applicable.

Service hours: M - Thursday - 10:00 a.m. - 9:00 p.m.

Services: Bereavement Counseling, Conjoint Counseling, Disability Related Counseling, Geriatric Counseling, Guidance and Counseling, Marriage Counseling

CENTER FOR FULFILLING SOLUTIONS

12383 Lewis St., #101

Garden Grove, CA 92840

(714) 750-6113 FAX

(714) 750-6111

Area served: Orange County

Description: Counseling services for individual, family, group, HIV/AIDS education, domestic violence and anger management groups.

Fees: Sliding scale

Languages spoken: English, Spanish

Service hours: 9:00 a.m. - 8:00 p.m. - M - F

9:00 a.m. - 2:00 p.m. - Saturday

Application process: Telephone for appointment

Services: Anger Management

STRATEGIES FOR SUCCESS

12900 B Garden Grove, Suite 145

Garden Grove, CA 92843

(714) 389-3092 FAX

(714) 803-6907

Area served: Garden Grove, Anaheim, Santa Ana, Orange, Fountain Valley, Fullerton.

Description: Elizabeth Rahamim provides counseling and resource coordination as needed for individuals and families/caregivers. Issues regarding health change, depressed moods, anxiety, adjustment to change due to life transition or illness is also addressed. Elizabeth Rohamim also works regularly with both patients and caregivers alike.

Fees: Fee for Service

Payment method: Medicare, Medi-Cal, Private insurance, Private Pay

Fee for service negotiable rate rate based on ability to pay.

Documents: Insurance

Service hours: M, W, Thurs - 10:00 a.m. - 6:00 p.m.

Tues - 2:00 p.m. - 8:00 p.m.

Application process: Telephone for appointment

Services: Individual Counseling

JEWISH FAMILY SERVICE OF ORANGE COUNTY

1 Federation Way, Suite 220

Irvine, CA 92603

(714) 445-4950

(949) 435-3460

(714) 445-4960 FAX

Area served: Orange County

Description: Counseling services to individuals, couples, families and groups dealing with a variety of problem areas such as marital and family conflict, relationship issues, eating disorders, depression, anxiety, life changes, substance abuse, parenting and domestic violence.

Eligibility: Motivation to make life changes.

Fees: Adjustable fees

Payment method: Cash, Check, Credit Card

Languages spoken: English, Hebrew

Service hours: 8:00 a.m. - 5:00 p.m. M - Th, 8:00 a.m. - 1:00 p.m. F,

Evening appointments available on Tues, Wed.

Services: General Counseling Services

UC IRVINE MEDICAL CENTER PEDIATRICS - GENETICS DEPARTMENT

2100 Medical Plaza Drive

Irvine, CA 92697-6255

(714) 456-5789 Administrative

(714) 456-5330 FAX

Description: Genetic counseling involves educating families and individuals about their risk of passing on certain inherited diseases to their offspring. Certified by the American Board of Genetic Counseling, each member of their staff has an advanced degree in medical genetics and counseling.

Although genetic testing cannot indicate the severity of a disease, it can sometimes be very helpful for potential parents. UCI Irvine Medical Center's multidisciplinary team of physicians, nurses, technologists and others offer a continuum of care. The genetic counselors provide support and education, helping patients interpret the information available to them. Genetic services also include cancer genetics.

Services: Guidance and Counseling, Health Care, Health Education, Health Screening/Diagnostic Services, Health Supportive Services, Hospitals

GARY CENTER, THE

341 South Hillcrest St.

La Habra, CA 90631

(562) 691-3263 ext. 126

Area served: North Orange County

Description: The Gary Center is a private, non-profit agency, located at 341 Hillcrest Street in La Habra. Services provided include prevention and counseling areas of crisis management, family stress, sexual abuse, domestic violence, teen parenting, anger management for adolescents, and drug/alcohol dependency. Other services include emergency shelter information, translation in tenant/landlord situations, assistance with employment, SSI, and welfare documents, mediation in divorce and family business and referrals for medical, legal and housing matters.

Fees: Sliding scale, fees based on ability to pay

Languages spoken: English, Spanish

Service hours: 8:00 a.m. - 9:00 p.m. M - Th

8:00 a.m. - 4:30 p.m. F

9:00 a.m. - 1:00 p.m. Sat

Application process: Phone-in, Walk-in

Services: Family Counseling, General Counseling Services, Mental Health Care and Counseling, Spouse/Domestic Partner Abuse Counseling.

LA PALMA INTERCOMMUNITY HOSPITAL

7901 Walker St.

La Palma, CA 90623

(714) 670-7400

Area served: Orange County

Description: La Palma Intercommunity Hospital has a Psychiatric Unit for adults, age 18 or older.

Services: Inpatient Mental Health Facilities

SOUTH COAST MEDICAL CENTER

31872 Coast Hwy.

Laguna Beach, CA 92677

(949) 499-1311

Area served: Orange County

Description: South Coast Medical Center has a Psychiatric Unit for adults, age 18 and older.

Services: Inpatient Mental Health Facilities

INCEST SURVIVORS ANONYMOUS - W.S.O.

P.O. Box 17245

Long Beach, CA 90807-7245

(562) 428-5599

Description: I.S.A. is a spiritual program. A twelve Step/Twelve Tradition Program, an anonymous fellowship. This is the basis of the program.

Eligibility: We welcome all teens, men, women, survivors and prosurvivors.

Services: Mental Health Care and Counseling

LOS ALAMITOS MEDICAL CENTER

INSTITUTE OF GEROPSYCHIATRY

3751 Katella Ave.

Los Alamitos, CA 90720

(562) 799-3234

Area served: Orange County

Description: The Institute of Geropsychiatry is a 24-hour inpatient acute psychiatric unit specializing in mental health treatment for individuals 55 years and older.

Eligibility: Individuals 55 years and older with a psychiatric condition.

Services: Inpatient Mental Health Facilities

ROWENA C. FERNANDEZ, LCSW

26440 La Alameda, Suite 380

Mission Viejo, CA 92691

(949) 582-3002 FAX

(949) 241-4830

Area served: South Orange County

Description: Rowena C. Fernandez, LCSW provides individual, couples, and family therapy services to adults and older adults who may be experiencing a loss; adjustment to illness; life transitions; feeling of anxiety or depression; or overwhelmed with daily life challenges. For families and caregivers, Rowena facilitates support groups that focus on self-care and teach coping/problem-solving skills. Therapy services can be provided at home or office.

Fees: Sliding scale

Payment method: Medicare, Private insurance, Private Pay

Languages spoken: English, Tagalog

Service hours: 9:00 a.m. - 5:00 p.m. - M,W,F

9:00 a.m. - 7:00 p.m. - Tue., Thurs.

Application process: Telephone for appointment

Services: Family Counseling, Individual Counseling, Mutual Support Groups

CHAPMAN MEDICAL CENTER

2601 East Chapman Ave.

Orange, CA 92867

(714) 633-0011

Description: The Senior Mental Health Unit provides 24 hour, seven days a week intensive inpatient psychiatric treatment to patients 55 years of age and older with mental health needs unique to the older adult. A variety of treatment approaches are used including individual, group,

recreational, occupational, and physical therapies. We provide nutritional, speech, and audiology screening. Music, dance, art, and pet therapies are also provided by the center.

Eligibility: DSM - IV Psychiatric Diagnosis

Payment method: Medicare, Some Managed care, Private Pay

Languages spoken: English, Spanish, TDD services

Application process: Telephone, Walk-in, referral from physician

Services: Inpatient Mental Health Facilities

MARIPOSA WOMEN AND FAMILY CENTER

812 W. Town & Country Road

Orange, CA 92868-4712

(714) 547-9990 FAX

(714) 547-6494

Area served: Orange County

Description: Founded in 1977, Mariposa Women and Family Center provides high quality, low cost mental health and substance abuse counseling, life skills, and supportive services, including:

-Individual, couples, family and group counseling

-Substance abuse prevention, education, treatment and recovery

-Domestic violence and divorce recovery counseling and support

-Parenting, life skills, and anger management trainings

-Ongoing therapeutic support groups for men, women, teens, and children

-Grief support groups and counseling

-Occupational therapy assistance such as time management, money management, goal setting ---

-and decision making, job skills, problem solving, stress management, and other practical skills geared toward greater self-sufficiency and productivity

-On-site 12-step programs and other ongoing self-help groups

Fees: Sliding scale

Languages spoken: English, Spanish

Service hours: 9:00 a.m. - 9:00 p.m. - M - Th

9:00 a.m. - 4:00 p.m. - Friday

Occasional Saturdays

Services: Alcohol Abuse Education/Prevention, Anger Management, Bereavement Counseling, General Counseling Services, Individual and Family Support Services, Mental Health Care and Counseling, Mutual Support Groups, Spouse/Domestic Partner Abuse Counseling.

ST. JOSEPH HOSPITAL BEHAVIORAL HEALTH SERVICES

1100 West Stewart Drive

Orange, CA 92863

(714) 771-8134

Area served: Orange County

Eligibility: 18 or older

Fees: Fee for Service Sliding scale

Payment method: Medicare, Private insurance, Private Pay

Service hours: Inpatient 24/7

Services: Inpatient Mental Health Facilities, Mental Health Care and Counseling, Outpatient Mental Health Care

THE ANGER COACH - DR. FIORE & ASSOCIATES

381 S. Carole Lane

Orange, CA 92869

(714) 745-1393

(800) 984-4414 (CA Only)

Fees: Enrollment \$65

Workbook \$30

Each class \$35

Services: Anger Management

UCI MEDICAL CENTER, OUTPATIENT PSYCHIATRIC CLINIC

101 The City Drive South, Rt. 88

Orange, CA 92868

(714) 456-5902

Fees: Set fees, Sliding scale, Private insurance

Services: Mental Health Evaluation

ALPHA CENTER

117 North Main St.

Placentia, CA 92870

(714) 993-4400

Area served: North Orange County

Description: Alpha Center provides caring professional services to individuals, family, couples, marriage counseling, adolescent and child therapy in all treatment areas. Alpha Center can also do psycho-educational instruction to groups and can provide treatment off-site. Caring professional psychotherapy and counseling for adults, children, couples, and families. General counseling provided on an outpatient basis for any type of problem.

Fees: Sliding scale; \$40 minimum fee

Payment method: Private Pay; Check or Cash

Languages spoken: English; Spanish

Service hours: 8:00 a.m. - 8:00 p.m. M - F; Some Saturday appointments available.

Application process: Appointment by phone; intake paperwork done by client fifteen minutes before first appointment.

Services: General Counseling Services

FAMILY SUPPORT NETWORK (FSN)

181 W. Orangethorpe Avenue, Suite D

Placentia, CA 92870

(714) 854-7762 Administrative

(714) 854-7765 FAX

Description: FSN provides services and resources that help children with special needs and their families reach their full potential. They provide information, referral and resource programs. FSN seeks to improve the lives of children with special needs. Through multi-tiered assistance efforts directed towards their families, children with developmental, emotional cognitive or complex health conditions are guided to services and resources that enable them to achieve their maximum potential. FSN believes that every child should have the chance to grow up happy and

healthy. FSN currently provides programs assisting families who have children with a significant medical condition, cognitive or developmental disability, or behavior or mental health concerns. These programs include parent-to-parent support groups, a summer camp for families, developmental screenings to assess your children for developmental or mental health concerns.

Fees: No fee

Languages spoken: English, Spanish, Vietnamese

Service hours: 8:00 a.m. - 4:30 p.m. - M - F

Services: Developmental Assessment, Health Screening/Diagnostic Services, Health Supportive Services, Information and Referral, Mental Health Evaluation, Mutual Support Groups

C.A.R.E. COUNSELING CENTER

1614 East 17th. Street, Suite D

Santa Ana, CA 92705

(714) 836-9900

(714) 839-9090 FAX

Area served: Central Orange County, Santa Ana

Description: Dr. Penny Winkler has been in clinical practice for 20 years. She specializes in domestic issues including spousal and child abuse and offers groups for: Parenting, anger management, co-dependence, chemical dependence, domestic violence, and grief recovery. She also provides individual, couples, and family group therapy by appointment.

Fees: Sliding scale

Languages spoken: English, Spanish

Application process: Telephone for appointment

Services: General Counseling Services

CALIFORNIA HISPANIC COMMUNITY ALCOHOL AND DRUG

1905 N. College Avenue

Santa Ana, CA 92706

(714) 479-0120

Fees: \$75 Enrollment

\$15-\$50 (sliding scale) per class

Services: Anger Management

CASA DE LA FAMILIA

1650 E. 4th Street, #101

Santa Ana, CA 92701

(714) 204-6504 Administrative

(714) 862-1070 FAX

Area served: Orange County, Los Angeles County

Description: Casa de la Familia's mission is to address and serve the emotional needs of children, teens, adults and the elderly who have suffered a psychological trauma in a compassionate, ethical and professional manner. The primary focus for the services they provide are to underserved and underrepresented minority populations with special emphasis on providing bicultural and bilingual psychological treatment, education and outreach to the Latino community.

Fee: No fee if qualified crime and no other insurance available.

Language spoken: Spanish, Vietnamese, American Sign Language

Office hours: 8:00 a.m. - 5:00 p.m. - M - F

Services: Crime Victim Support, Health Education, Health Supportive Services, Mental Health Care and Counseling, Mental Health Evaluation

CATHOLIC CHARITIES (OUTREACH FAMILY SERVICE CENTER)

3631 West Warner Ave.

Santa Ana, CA 92704

(714) 662-7500

Area served: Orange County

Description: Catholic Charities offer counseling services for older adults, individual counseling, marital counseling, and group treatment.

Fees: Sliding fee scale: \$20 and up

Service hours: 8:30 a.m. - 5:00 p.m. M - Th

Services: General Counseling Services

COASTAL COMMUNITIES HOSPITAL

2701 South Bristol

Santa Ana, CA 92704

(714) 754-5454

(714) 850-4925 FAX

Area served: Orange County

Description: Coastal Communities Hospital has a Senior Inpatient Psychiatric Unit for adults, age 55 and older, and outpatient Senior Assessment Center.

Services: Inpatient Mental Health Facilities

HEALTH CARE AGENCY, ORANGE COUNTY
BEHAVIORAL HEALTH, OLDER ADULT SERVICES

P. O. Box 355

Santa Ana, CA 92702

(714) 972-3700

Area served: Orange County

Description: Older Adult Services serves independent living older adults who are experiencing behavioral health problems such as mental illness, cognitive disorder, and substance abuse which interfere with day-to-day functioning and place that person at risk of hospitalization and who are unable or unwilling to seek treatment from traditional service providers. Services include in-home assessment, crisis intervention, education, problem solution counseling, linkages to community and health services and programs, and consultation. Family members and service providers are encouraged to call and consult with the clinician on duty concerning individuals who may be experiencing problems related to aging and behavior.

Eligibility: 60 or older

Fees: No fee; funded by County taxpayers

Payment method: Medi-Cal, Medicare

Languages spoken: English, Spanish, Vietnamese

Service hours: 8:00 a.m. - 5:00 p.m. M - F

Services: Geriatric Assessment, Medication Information/Management, Mental Health Care and Counseling, Mental Health Evaluation

MESSINGER AND ASSOCIATES GERONTOLOGY TRAINING INSTITUTE

P.O. 10397

Santa Ana, CA 92701-0397

(714) 337-5153 Administrative

(714) 836-4520 FAX

Area served: Orange County

Description: Messinger and Associates provide individual and family counseling. They focus on older adults and Alzheimer's families. They provide consultation to long-term care providers related to development of services, staff training, and other interventions as requested. Their speciality is adult day health care centers.

-Therapy: Individual, Couples, Family & Group.

-Consultation: Mental Health (Older Adults)

-Program Development & Consultation - Adult Day Care & Adult Day Health Care; Skilled -----

-Nursing Facilities, Residential Care Facilities.

Eligibility: No age limit; serve older adults and their caregivers.

Fees: Medicare, Insurance, Private Pay

Payment method: Private Pay at time of service. Will bill insurance/Medicare if service is covered.

Service hours: By Appointment

Application process: Telephone for appointment

Services: Family Counseling, Individual Counseling, Marriage Counseling, Mental Health Care and Counseling

ORANGE COUNTY MENTAL HEALTH SERVICES EVALUATION AND TREATMENT SERVICES

1030 West Warner

Santa Ana, CA 92707

(714) 834-6900

Area served: Orange County

Description: Emergency Treatment Services provides emergency mental health evaluations for persons 18 to 59 years old.

Services: Mental Health Care and Counseling, Mental Health Evaluation.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE (DBSA) ORANGE COUNTY

PO Box 223

Tustin, CA 92781

(714) 744-8718

Area served: Orange County

Description: The Depression and Bipolar Support Alliance (DBSA) Orange County is a self-help group for people diagnosed with depression or bipolar disorder. Two types of meetings are offered: 1) monthly educational meetings and 2) weekly support group meetings. The Bipolar Resource Center, located in the Sister Elizabeth Building on the St. Joseph Hospital campus serves as DBSA's base of operation and its heart and soul.

Fees: Donation requested

Service hours: Depression and Bipolar Support Alliance Orange County Educational Meeting

Schedule: Every 3rd Monday - 7:30 p.m.

Sister Frances Dunn/Northeast Building, Second Floor, Classroom 1

St. Joseph Hospital - 1100 West Stewart Drive, Orange 92868

Please call prior to any group session to confirm attendance -

(714) 771-8243

Office hours: 24 Hour Crisis Prevention (714) 639-4673

Services: Individual and Family Support Services, Mental Health Care and Counseling, Mutual Support Groups

DR. BARBARA WAYNE & ASSOCIATES

14081 Yorba Street, Suite 224

Tustin, CA 92780

(714) 563-2654 Administrative

(714) 778-6959 FAX

Description: As a Marriage Family Therapist, Dr. Wayne does individual/family and group counseling. Guiding the aging population and their families with regards to issues such as relationships, and interpersonal problems is one of her specialties. She also works with the geriatric population primarily focusing on bereavement and hospice issues.

Fees: Sliding Scale

Application process: By appointment

Services: Bereavement Counseling, Family Counseling, Geriatric Counseling, Individual Counseling

LIFE VISION CLINICAL GROUP, INC

180 N. Prospect Avenue, #140B

Tustin, CA 92780

(714) 356-7383 Administrative

(949) 502-6754 FAX

Area served: Orange County

Description: Life Vision Clinical Group, Inc. provides individual, family and group therapy to older adults. Allyson Lehigh, LCSW, has 15 years experience working with older adults with depression, dementia, bipolar disorder and schizophrenia. Practice also includes working with the caregiver as well as the family.

Payment method: Medicare; Private insurance; Private Pay

Service hours: 9:00 a.m. - 5:00 p.m. - M - F

Application process: Telephone for appointment

Services: Caregiver Counseling, Individual and Family Support Services, Individual Counseling, Mental Health Care and Counseling

HEALTH AND AGING SERVICES

18200 Yorba Linda Blvd, Suite 405

Yorba Linda, CA 92886

(714) 970-7237

Area served: North Orange County

Description: Supportive, solution-focused counseling and psychotherapy for adults, older adults, and family members caring for an ill or elderly loved one. Counseling provided for the affected person or for the caregiver. Areas of special expertise include geriatrics, caregiving, dementia, children of toxic agers, depression and anxiety, grief and loss, pet therapy and pet loss counseling, and stress management. Free monthly support groups - Children of Aging Parents and Family Caregivers. 1st Tuesday - Every Month, 7:00 p.m. - 8:00 p.m.

Fees: Free to community

Payment method: Private insurance, Medicare

Languages spoken: English, Spanish

Application process: Telephone for appointment

Services: Mental Health Care and Counseling

